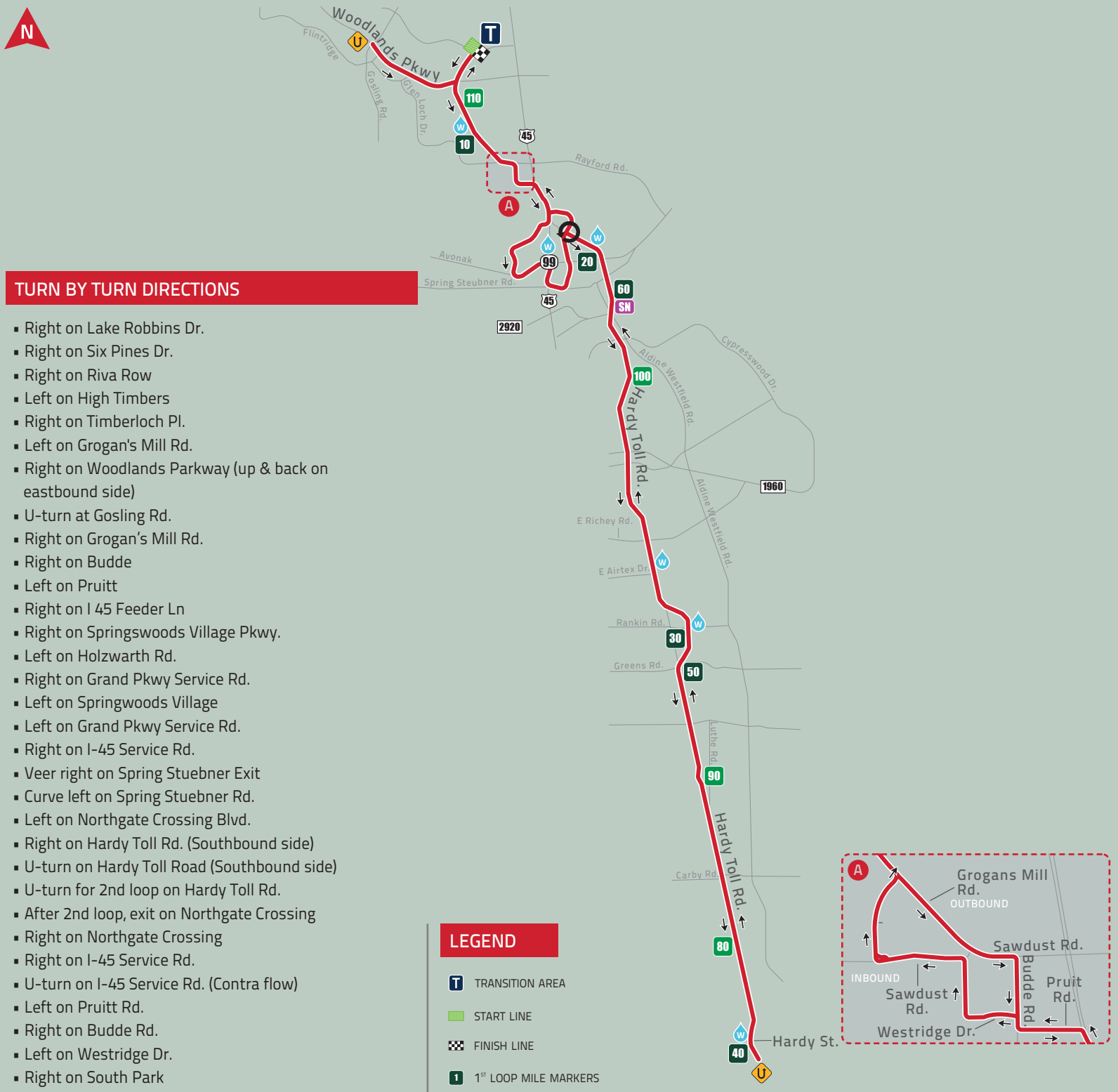
MEMORIAL HERMANN IRONMAN TEXAS
NORTH AMERICAN CHAMPIONSHIP

BIKE COURSE

112 MILES / OUT AND BACK; 2 LOOPS

THE WOODLANDS, TEXAS



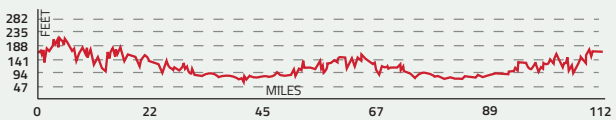
TURN BY TURN DIRECTIONS

- Right on Lake Robbins Dr.
- Right on Six Pines Dr.
- Right on Riva Row
- Left on High Timbers
- Right on Timberloch Pl.
- Left on Grogan's Mill Rd.
- Right on Woodlands Parkway (up & back on eastbound side)
- U-turn at Gosling Rd.
- Right on Grogan's Mill Rd.
- Right on Budde
- Left on Pruitt
- Right on I 45 Feeder Ln
- Right on Springswoods Village Pkwy.
- Left on Holzwarth Rd.
- Right on Grand Pkwy Service Rd.
- Left on Springwoods Village
- Left on Grand Pkwy Service Rd.
- Right on I-45 Service Rd.
- Veer right on Spring Stuebner Exit
- Curve left on Spring Stuebner Rd.
- Left on Northgate Crossing Blvd.
- Right on Hardy Toll Rd. (Southbound side)
- U-turn on Hardy Toll Road (Southbound side)
- U-turn for 2nd loop on Hardy Toll Rd.
- After 2nd loop, exit on Northgate Crossing
- Right on Northgate Crossing
- Right on I-45 Service Rd.
- U-turn on I-45 Service Rd. (Contra flow)
- Left on Pruitt Rd.
- Right on Budde Rd.
- Left on Westridge Dr.
- Right on South Park
- Left on Sawdust Rd.
- Right on Sawmill Rd.
- Left on Grogan's Mill Rd.
- Right on Timberloch Pl.
- Left on High Timbers
- Right on Riva Row
- Left on Six Pines Dr.
- Left on Lake Robbins Dr.

LEGEND

- TRANSITION AREA
- START LINE
- FINISH LINE
- 1ST LOOP MILE MARKERS
- 2ND LOOP MILE MARKERS
- U-TURN
- SPECIAL NEEDS
- BEGIN 2ND LOOP
- WATER/AID STATION

Start Elevation: 111 ft ▪ Finishing Elevation: 111 ft ▪ Gain: 1,224 ft



COPYRIGHT © WORLD TRIATHLON CORPORATION. ALL RIGHTS RESERVED.